



Re-Creation South Melbourne



CHRISTMAS HOURS & CLASSES

Please see below for club hours and classes for the period
18th December 2017 – 7th January 2018

DATE	CLUB STAFFED HOURS	CLASSES
Monday 18 th Dec	6.00am – 8.00pm Crèche Hours : 8.45am – 12pm	6.30am FIT45 – Karla H 9.30am Pump – Manuel 9.30am Reformer Challenge - Mary 9.30am Spin – Kathryn 10.30am Yin Yoga - Nathan 5.30pm Sweat Club – Dagago 5.30pm Mat Pilates – Jo A 5:45pm Spin – Melisa 6.30pm Reformer - Mary 6.30pm Pump – Richard S 6.30pm Yoga – Ben S
Tuesday 19 th Dec	6.00am – 8.00pm Crèche Hours : 8.45am – 12pm	6.30am Pump - Bridget 9.30am FIT55 – Nick 9.30am BarreFit – Mary 10.30am Mat Pilates – Christine 5.30pm Reformer - Jo A 5.30pm Stack It – Nick 6.15pm Spin – Tim 6.30pm Yoga – Ben S 6.15pm Boxing – Nick
Wednesday 20 th Dec	6.00am – 8.00pm Crèche Hours : 8.30am – 12pm	6.30am Spin – Jodie 9.30am Zumba – Laura H 9.30am Spin – Kathryn 9.45am Reformer Challenge – Mary 5.30pm Pump – Yo 5.45pm Spin – Bridget 6.00pm Reformer – Mary 6.45pm FIT45 – Karla
Thursday 21 st Dec	6.00am – 8.00pm Crèche Hours : 8.45am – 12pm	7.05am T25 - Bridget 9.30am Pump – Bridget 9.30am FIT Circuit – Nick 10.30am Mat Pilates – Mary 5.30pm Step – Bridget 6.30pm Pump - Bridget
Friday 22 nd Dec	6am – 1pm Crèche Hours : 8.45am 12noon	6.30am Pump – Kylie 9.00am Spin 30 – Kathryn 9.30am FitCIRCUIT - Nick 9.30am Yoga – Sasha 10.30am Reformer – Shiloh
Saturday 23 rd Dec	8am – 12 noon Crèche Closed	8.15am FIT55 – Karla H 8.15am Spin - Bridget 9.15am Xmas Special PUMP/HIIT – Bridget 10.30am Yoga - Nathan
Sunday 24 th Dec – Xmas Eve	UNSTAFFED *24 hour access tags only Crèche Closed	
Monday 25 th Dec – Xmas Day		
Tuesday 26 th Dec – Boxing Day		

Wednesday 27th Dec	8am – 12 noon Crèche Closed	9.30am Zumba – Laura H 9.30am Spin – Kathryn 9.45am Reformer Challenge - Shiloh
Thursday 28th Dec	8am – 12 noon Crèche Closed	9.30am Pump – Bridget 9.30am FIT Circuit - Nick 10.30am Mat Pilates - Shiloh
Friday 29th Dec	8am – 12 noon Crèche Closed	9.00am Spin 30 - Kathryn 9.30am Yoga – Sasha 10.30am Reformer – Shiloh
Saturday 30th Dec	8am – 12 noon Crèche Closed	8.15am Spin - Bridget 9.15am Pump – Bridget 10.30am Yoga - Nathan
Sunday 31st Dec - New Years Eve New Years Day	UNSTAFFED *24 hour access tags only Crèche Closed	
Monday 1st Jan New Years Day		
Tuesday 2nd Jan	6am – 8.00pm Crèche Closed	6.30am Pump - Bridget 9.30am FIT55 – Nick 9.30am Barre Fit – Shiloh 10.30am Mat Pilates – Shiloh 5.30pm Reformer - Jo A 5.30pm Stack It – Nick 6.15pm Spin – Tim 6.30pm Yoga – Ben S 6.15pm Boxing - Nick
Wednesday 3rd Jan	6am – 8.00pm Crèche Closed	6.30am Spin – Jodie 9.30am Zumba – Laura H 9.30am Spin – Kathryn 9.45am Reformer Challenge – Jo M 5.30pm Pump – Tim P 5.45pm Spin – Bridget 6.00pm Reformer – Jo M 6.45pm FIT45 – Karla H
Thursday 4th Jan	6am – 8.00pm Crèche Closed	7.05am T25 - Bridget 9.30am Pump – Bridget 9.30am FIT Circuit – Nick 10.30am Mat Pilates – Shiloh 5.30pm Step – Bridget 6.30pm Pump – Bridget
Friday 5th Jan	6am – 1.00pm Crèche Closed	6.30am Pump – Kylie 9.00am Spin 30 – Kathryn 9.30am FitCIRCUIT - TBC 9.30am Yoga – Sasha 10.30am Reformer – Jo M
Saturday 6th Jan	8.00am – 12 noon Crèche Closed	8.15am FIT55 – Karla H 8.15am Spin - Bridget 9.15am Pump – Bridget 9.30am Reformer – Jo M 10.30am Yoga – Nathan
Sunday 7th Jan	8.00am – 12 noon Crèche Closed	9am Pump – Bianca 9.45am Reformer – Jo M 10am Yoga - Nathan

Normal club hours and classes commence

MONDAY 8th JANUARY 2018.

The Crèche re-opens on MONDAY 8th JANUARY 2018